

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Face to Face, St. Paul

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Goal: To support, encourage, and assist young women in carrying their pregnancies to term and in caring for their babies after birth

For the period/quarter: June 20, 2016 – September 30, 2016

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Provide ongoing supervision and guidance of grant staff Ensure reporting and evaluation activities are completed		Prenatal case managers, nursing staff, and nurse practitioners meet on a weekly basis to discuss continuity of care, centering pregnancy, and best practices for prenatal clients. Case consultations occur for clients as needed. Grant budget meetings occur monthly. The Clinic Operations Manager meets with the case management team weekly to discuss progress toward goals and data management.	
Outreach	Prepare and distribute wallet-sized cards describing Connect program		Women who have positive pregnancy tests at Face to Face are given information about prenatal care and Connect prenatal case management program. Anyone with a positive pregnancy test is also followed up on by a member of the Connect team to encourage them to seek prenatal care. Connect cards are also distributed in the community through our Health Education Department at outreach events.	
Case Management Services	Provide support to young women throughout pregnancy (in one-on-one and Centering Pregnancy® group encounters) and for up to one year after the birth of their baby	450	This quarter Face to Face case managers conducted 433 case management visits with prenatal and postpartum patients (up to 1 year postpartum). We are quite pleased with this progress considering we were short a case manager this quarter due to a staff transition. We are in the process of hiring a new Clinic Case Management Supervisor who	433 Visits

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	<p>Provide assessment, referral and help securing Necessary Services</p> <p>Provide home visits for clients who have missed prenatal care visits</p>		will both provide prenatal case management and oversight to the Connect program.	
Financial Assistance	Provide assistance in completing applications for financial assistance: includes public health insurance programs, MFIP, emergency assistance, energy assistance, WIC and other food support, and material support from other agencies (cribs, diapers, etc).	120	<p>This quarter, 78 clients received financial assistance, including insurance, MFIP, Childcare, emergency assistance, SNAP, and WIC.</p> <p>128 clients also received assistance from Face to Face in the form of diapers, wipes or food assistance (noted as separate goals in the work plan).</p>	78 Times
Housing Assistance	Provide emergency rent assistance to expectant or new mothers to avoid becoming homeless or to gain housing.	9	6 clients received emergency rent assistance this quarter. This is a brand new program for us and we were quite excited to be able to provide this resource to some of our clients. While we assisted fewer than anticipated in the first quarter, we think it's likely we will see quarters where this resource is used more heavily by our clients.	6 Times
Material Support	Provide baby diapers to young mothers in need.	48	63 mothers were assisted with diapers this quarter. Diaper assistance continues to be a high demand item. We recently were pleased to be able to form a partnership with Jet.com which allows us to buy diapers in bulk at a discounted rate which allows us to assist more clients with the same funding.	63 Times
Mental Health	<p>Pre-natal and post-partum depression screening included in assessment.</p> <p>Case managers facilitate referrals to non-PA funded</p>	60	We exceeded our projected goal this quarter, screening 85 clients for depression. Prenatal case managers continue to work closely to provide holistic services through our on-site mental health providers.	85 Times

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	Mental Health providers as needed.			
Nutrition	Provide information on proper nutrition to each new client, including a written handout, as part of the group intake to prenatal care. Referrals and follow up are provided both in group intake and one on one visits.	45	We completed nutrition education and proper referrals with 46 new mothers this quarter.	46
	Provide food bags, baby formula, and food gift cards.	75	Assistance in the form of food bag, food cards, and formula were provided 65 times this quarter. We saw a decrease in the requests for emergency food support in September, but anticipate those requests will increase again in future months.	65 Times
Parenting Education	Provide two (2) parenting events per year including education on parenting-related topics.	25	There were no parenting events this quarter. Our upcoming parenting event is our holiday party in early December.	0 Qtr/ 0 Year
Pregnancy Education	<p>Provide CenteringPregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group</p> <p>CenteringPregnancy includes education and discussion on:</p> <ul style="list-style-type: none"> • Management of discomforts of pregnancy 	60	<p>3 groups/51 visits/22 Clients</p> <p>We are slightly under goal this quarter due to various client barriers, which have limited their prenatal care. These have included chemical dependency, homelessness, mental health issues and others. We have recently completed one Centering group and have two currently active.</p>	51 Visits

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	<ul style="list-style-type: none"> • Relaxation/stress management • Labor and delivery • Families and relationships • Newborn care 			
Pregnancy Testing	Provide pregnancy testing 2 hours per week at SafeZone, a resource center for youth experiencing homelessness, to provide assessment of program eligibility and help youth who gain medical care if needed. All youth who test positive for pregnancy will be evaluated for necessary services and linked to prenatal care at the Arcade clinic or another clinic of the young person's choice.	15	<p>Starting this spring, we were able to expand our clinic hours at our SafeZone location and now have a nurse practitioner onsite Monday – Friday afternoons. Instead of doing specific pregnancy testing hours, the nurse practitioners provide pregnancy testing anytime they are available (for a total of 20 hours a week). This quarter, we conducted 30 number of pregnancy tests at SafeZone.</p> <p>All clients receiving positive UPT tests at SafeZone are connected with prenatal care at the Arcade clinic or another clinic.</p>	
Prenatal Medical Care	<p>Provide CenteringPregnancy prenatal care (60 visits per quarter) integrating medical care with pregnancy education and support; 6 groups starting per year / 10 sessions per group with 6 participants per group.</p> <p>Provide individual prenatal care visits (240 per quarter) for OB History visit, initial OB visit, and at other times -- for young women who opt out of CenteringPregnancy</p>	<p>60</p> <p>240</p>	<p>We were slightly behind our goal for Centering group visits this quarter with 51 visits. Currently, we have two active Centering groups. One group recently finished. We continue to introduce Centering to new OB clients and form new groups as needed.</p> <p>We've exceeded our projected goal for prenatal care visits this quarter. In addition to Centering, 276 individual prenatal visits were completed.</p>	<p>51 Centering Visits</p> <p>276 Visits</p>

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Provide Necessary Services to all clients	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	45	We are pleased to have been able to provide intake assessments for 46 new OB clients this quarter, slightly over our goal. This is particularly exciting because it's a 48% increase over last quarter (when we did 31 intakes) and was done in a quarter when we were short a case manager.	46
Provide Necessary Services Assessments Only	Provide intake assessment to determine need. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	1	Two pregnant women received necessary services this quarter, but did not start prenatal care with Face to Face.	2
Transportation	Provide taxi rides or bus fare for clients to get to appointments.	60	We were able to provide transportation assistance to 60 clients this quarter in the form of bus tokens or cab fare. We also assist and encourage clients to utilize transportation assistance through their health insurance, if available.	60 Times

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	N/A
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	N/A
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	26
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	26
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	N/A
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	26

Challenges: Our biggest challenge this quarter was due to staff transitions. One of our prenatal case managers and one of our primary OB-focused nurse practitioners (NP) left Face to Face. They were both long-term employees and their departures resulted in needing to adjust program flow some. We were able to shuffle some responsibilities so the remaining two prenatal case managers could pick up additional cases in the interim and trained our OB nurse to conduct our initial OB history appointments with clients, reducing the burden on our other NPs and providing better continuity of care for our OB clients. We were also able to hire a former Connect intern on a temporary basis to conduct the follow up outreach for positive UPT tests.

We are currently in the process of hiring a Clinic Case Management Supervisor to replace the Prenatal Case Manager that left in the spring. He/she will both provide direct prenatal case management and provide greater supervision for the PA program as a whole. The team has done a great job managing workload in the interim, but we are excited to be back to a full team soon.

Comments:

We are looking forward to our upcoming holiday event. It is very popular among our clients and has become holiday tradition for many of our families. We are also very excited about our new rental assistance funding. Housing has always been a huge issue for our young people and this funding helps us fill critical gaps for them. Finally, we are also eager to begin implementing our recently approved evaluation plan. We hope the incentives we can now provide through that program will help us increase the number of young women choosing to breastfeed and the number of clients we can help maintain stable housing.